


A photograph of the Aurora Borealis (Northern Lights) in a dark, starry sky over a snowy mountain range. The aurora is a vibrant green and yellow light that stretches across the sky, with a bright, glowing area on the right side. The mountains below are dark and covered in snow, with a few small lights visible in the distance.

45lessons in life

Norvegija – Šiaurės pašvaistė

Music: snowdream

Nov 2009 He Yan

A person in a red jacket is leading a team of huskies on a snowy mountain slope. The sun is bright in the upper left corner, casting long shadows on the snow. The scene is set in a vast, open, snowy landscape under a clear blue sky.

1. Life isn't fair, but it's still good.

2. When in doubt, just take the next small step.

Kanada

A scenic view of a small town in a snowy landscape under a blue sky. The town is nestled in a valley, surrounded by snow-covered fields and a dense forest of evergreen trees in the background. The houses have snow on their roofs, and a winding road or path is visible in the foreground. The overall atmosphere is peaceful and serene.

3. Life is too short to waste time hating anyone.

*4. Your job won't take care of you when you are sick.
Your friends and parents will. Stay in touch.*

A serene winter landscape featuring a snow-covered path leading towards a small wooden cabin. The scene is framed by snow-laden trees and distant mountains under a clear blue sky. The overall atmosphere is peaceful and quiet.

5. Pay off your credit cards every month.

***6. You don't have to win every argument.
Agree to disagree.***



7. Cry with someone. It's more healing than crying alone.

*8. It's OK to get angry with God.
He can take it.*

An aerial photograph of a wide river, likely the Sagami River in Japan, flowing through a city. The river is a deep blue-grey color. On the left bank, there is a marina with several boats docked at piers. A large, dark building, possibly a government or institutional building, is situated near the water's edge. The city buildings are visible in the background, and the surrounding area is densely wooded with green trees. The sky is a pale, hazy blue.

9. Save for retirement starting with your first paycheck.

10. When it comes to chocolate, resistance is futile.

A winter landscape with snow-covered trees and a valley in the distance. The scene is captured from a high vantage point, looking down into a valley. The foreground is a snow-covered slope. The middle ground is filled with snow-laden evergreen and deciduous trees. In the background, a valley opens up, showing a winding road and a small settlement. The sky is a clear, bright blue.

11. Make peace with your past so it won't screw up the present.

12. It's OK to let your children see you cry.

*13. Don't compare your life to others.
You have no idea what their journey is all about.*

*14. If a relationship has to be a
secret, you shouldn't be in it.*



A scenic mountain landscape. In the foreground, several tall evergreen trees are heavily laden with white snow or frost. The middle ground shows a valley with a small, dark-roofed cabin nestled among more snow-covered trees. In the background, a large mountain slope rises, partially covered in snow and partially in green grass. A river or stream flows through the valley. The sky is a clear, deep blue.

15. Everything can change in the blink of an eye. But don't worry; God never blinks.

*16. Take a deep breath.
It calms the mind.*

A photograph of a snowy mountain landscape. Two small, snow-covered huts with dark triangular openings are visible in the foreground. The huts are partially buried in deep snow. The background shows a vast, snow-covered mountain slope with several evergreen trees, some of which are heavily laden with snow. The sky is bright and clear, and the overall scene is serene and quiet.

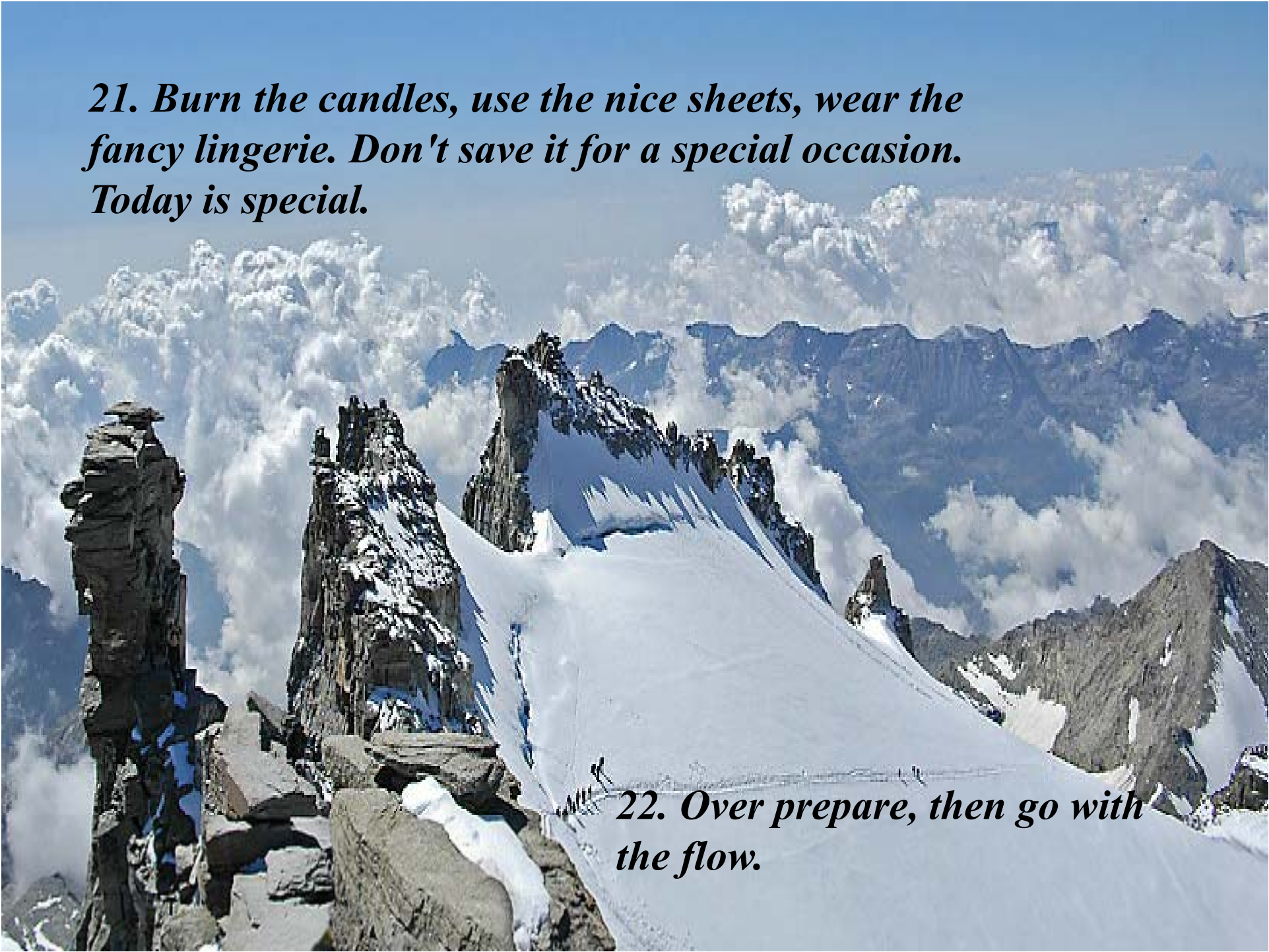
*17. Get rid of anything that isn't useful,
beautiful or joyful.*

*18. Whatever doesn't kill you really does make
you stronger.*

*19. It's never too late to have a happy childhood.
But the second one is up to you and no one else.*

*20. When it comes to going after what you
love in life, don't take no for an answer.*

21. Burn the candles, use the nice sheets, wear the fancy lingerie. Don't save it for a special occasion. Today is special.



22. Over prepare, then go with the flow.

23. Be eccentric now.

Don't wait for old age to wear purple.


*24. The most important sex organ
is the brain.*






*25. No one is in charge of your happiness
but you.*

*26. Frame every so-called disaster with these
words "In five years, will this matter?"*

An aerial photograph of a town nestled in a valley. A prominent feature is a large, dark stone castle or fortress perched on a rocky hill in the center-left. To the left of the castle, a church with a tall, dark spire is visible. The town below is densely packed with buildings, many with light-colored roofs, and interspersed with green trees. In the background, rolling hills and mountains are visible under a hazy sky. The overall scene is captured from a high angle, providing a comprehensive view of the town and its surroundings.

27. Always choose life.

28. Forgive everyone everything.

A scenic winter landscape featuring snow-covered mountains and a valley. In the foreground, a small wooden cabin with a snow-covered roof sits on a snowy slope. The middle ground is dominated by a thick layer of white fog or mist that fills the valley. In the background, rolling hills and mountains are covered in snow, with some evergreen trees visible. The sky is a clear, pale blue.

*29. What other people think of you
is none of your business...*

*30. Time heals almost everything.
Give time, time.*

*31. However good or bad a situation is,
it will change.*

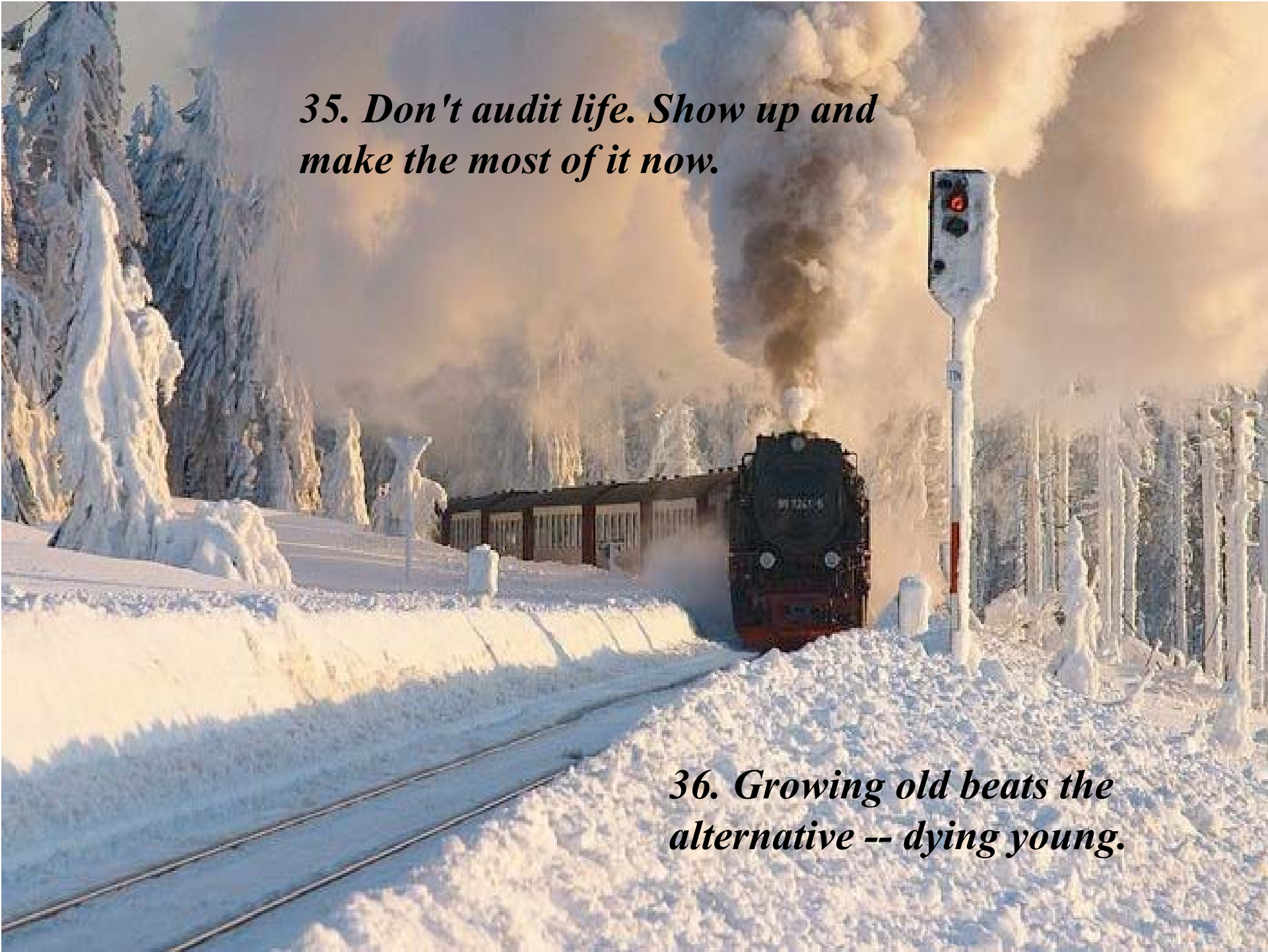
*32. Don't take yourself so seriously.
No one else does.*



A photograph of a paved road winding through a winter landscape. The road is flanked by tall, thin trees whose branches are heavily laden with white frost or snow. The background shows rolling hills and mountains under a clear, pale blue sky. The overall scene is serene and picturesque.

33. Believe in miracles.

34. God loves you because of who God is, not because of anything you did or didn't do.



35. Don't audit life. Show up and make the most of it now.

36. Growing old beats the alternative -- dying young.



37. Your children get only one childhood.

38. All that truly matters in the end is that you loved.

A winter landscape featuring a snow-covered field in the foreground and several evergreen trees heavily laden with snow. The sky is a deep blue with wispy white clouds and a few thin, white contrails. The overall scene is serene and peaceful.

*39. Get outside every day.
Miracles are waiting everywhere.*

*40. If we all threw our problems in a pile and
saw everyone else's, we'd grab ours back.*

*. Envy is a waste of time.
u already have all you need.*



42. The best is yet to come

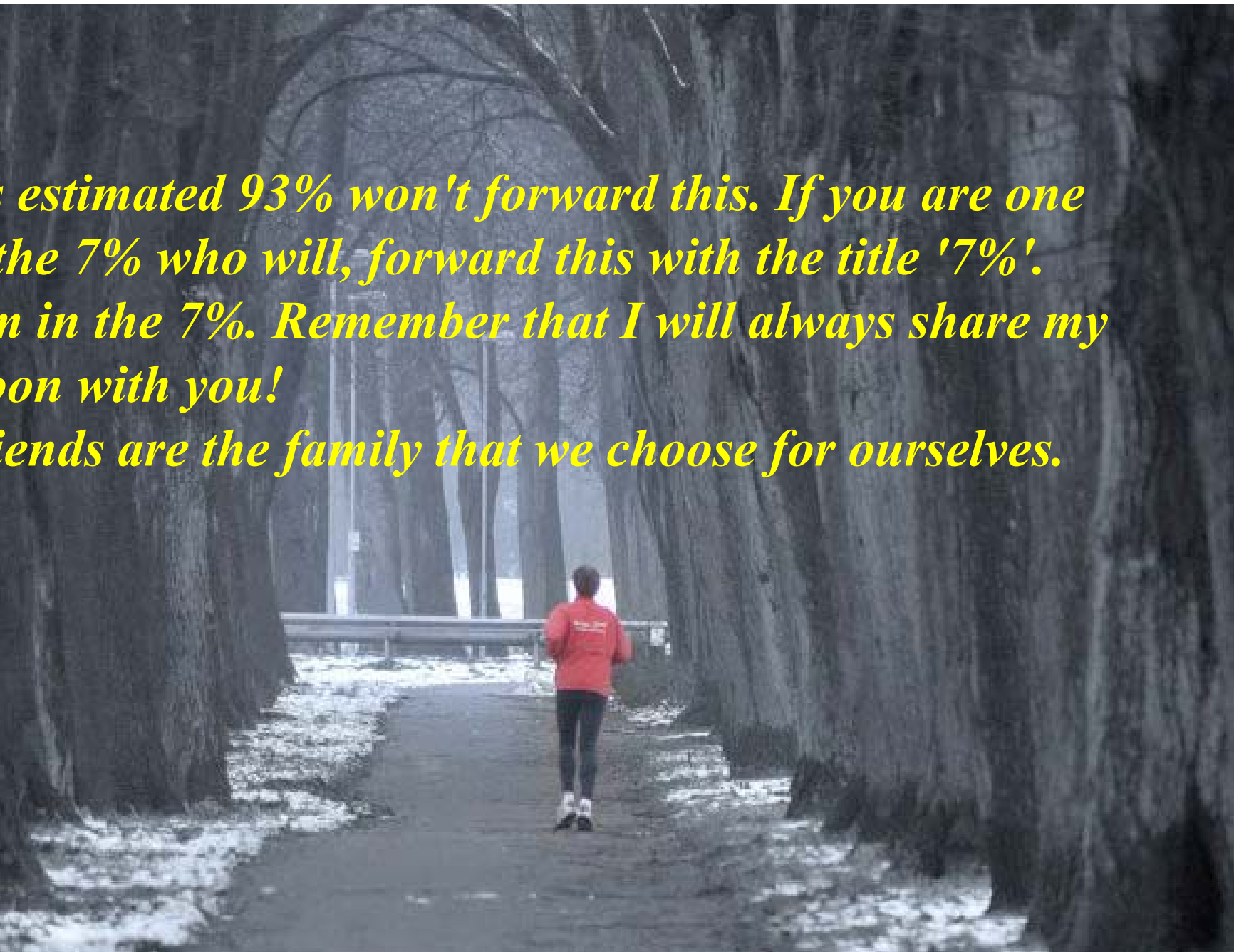
43. No matter how you feel, get up, dress up and show up.



44. Yield.

45. Life isn't tied with a bow, but it's still a gift.

*estimated 93% won't forward this. If you are one
the 7% who will, forward this with the title '7%'.
in the 7%. Remember that I will always share my
with you!
Friends are the family that we choose for ourselves.*





Thanks for sharing, see you.....